Development of Proneurogenic, Neuroprotective Small Molecules

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ABSTRACT: Degeneration of the hippocampus is associated with Alzheimer’s disease and occurs very early in the progression of the disease. Current options for treating the cognitive symptoms associated with Alzheimer’s are inadequate, giving urgency to the search for novel therapeutic strategies. Pharmacologic agents that safely enhance hippocampal neurogenesis may provide new therapeutic approaches. We discovered the first synthetic molecule, named P7C3, which protects newborn neurons from apoptotic cell death, and thus promotes neurogenesis in mice and rats in the subgranular zone of the hippocampal dentate gyrus, the site of normal neurogenesis in adult mammals. We describe the results of a medicinal chemistry campaign to optimize the potency, toxicity profile, and stability of P7C3. Systematic variation of nearly every position of the lead compound revealed elements conducive toward increases in activity and regions subject to modification. We have discovered compounds that are orally available, nontoxic, stable in mice, rats, and cell culture, and capable of penetrating the blood—brain barrier. The most potent compounds are active at nanomolar concentrations. Finally, we have identified derivatives that may facilitate mode-of-action studies through affinity chromatography or photo-cross-linking.

INTRODUCTION

Alzheimer’s disease (AD) accounts for about 80% of all cases of dementia, and is the fifth leading cause of death in individuals aged 65 or older. AD is the most prevalent and devastating neurodegenerative disorder today. The greatest risk factor for developing this disease is advancing age. By 2025, the majority of baby boomers will have reached age 65, and the number of people in this age group with AD is predicted to expand by about 50% to nearly 8 million. By 2050, the number of afflicted individuals in the U.S. is expected to have risen to between 11 and 16 million. People with AD are high users of health care, long-term care, and hospice services, and total payments for these types of care from all sources currently exceed $177 billion per year in the US.1

Pathologic changes in the brains of patients with AD include the accumulation of extracellular neuritic plaques between neurons, and neurofibrillary tangles within neurons.2 Numerous clinical trials aimed at reducing these plaques in Alzheimer’s patients have failed to elicit cognitive improvement, even when the brain tissue of patients has been cleared of plaques. Disappointingly, the most recent data from late-stage trials of a γ-secretase inhibitor, Eli Lilly’s semagacestat, were sufficiently discouraging to halt the trial.3 Currently, several biological and small molecule drug candidates that target the production or accumulation of Aβ42 plaques are in late-stage clinical trials. Other therapies for AD include acetylcholinesterase inhibitors (Aricept, Exelon, Razadyne, and Cognex) and an NMDA antagonist (Namenda). These treatments offer some symptomatic relief, but no lasting benefit as they fail to address the underlying biology of AD.

An alternative approach to treating AD focuses on promoting hippocampal neurogenesis. AD is characterized by neurodegeneration in the cerebral cortex, hippocampus, and other subcortical structures.4 Accordingly, we hypothesized that small molecules that retard neuronal death or increase neurogenesis may represent novel therapeutic agents. Currently, no drugs operate through this mechanism. Nonetheless, groundbreaking
in adult mice and humans, and allopregnanolone, a metabolite of progesterone that is synthesized in the CNS, promotes neurogenesis and learning in a mouse model of AD. In the latter instance, enhancement of neurogenesis was associated with amelioration of cognitive deficits. Finally, deficits in neurogenesis precede the formation of plaques and tangles associated with AD in mouse models of that disease. Taken together, the evidence suggests that drugs that promote hippocampal neurogenesis might provide effective treatment strategies for patients with Alzheimer’s disease.

To identify small molecules capable of promoting neurogenesis, we screened a collection of 2000 structurally unrelated small molecules assembled from an in-house compound library (Figure 1). Initially, molecules were screened by directly injecting mixtures of 10 compounds intracerebroventricularly (ICV) into the left lateral ventricle of living mice. Compounds were introduced over 7 days at a concentration of 10 μM each (12 μL/day at a constant rate). With this dosing, we estimated that compounds would attain intracerebroventricular concentrations in the low-micromolar to mid-nanomolar concentration range. During compound infusion, the thymidine analogue bromodeoxyuridine (BrdU, 50 mg/kg) was administered daily to mark newly born hippocampal neural precursor cells. After 1 week of compound administration, the animals were sacrificed, 40 μm brain slices were prepared, and tissue was processed for immunohistochemical staining with an antibody to BrdU to identify newborn cells. Neurogenesis was quantified by counting BrdU+ cells in the hippocampal dentate gyrus in the brain hemisphere opposite to the side of compound infusion. The number of positive cells was normalized against the volume of the dentate gyrus.

One of the molecules that we discovered with this approach was named P7C3, as it was identified as Compound 3 (C3) from Pool 7 (P7). Mice treated with P7C3 had approximately twice the number of BrdU+ cells as mice treated with vehicle alone (artificial cerebral spinal fluid, CSF), and a similar number as mice treated with a positive control, fibroblast growth factor 2 (FGF-2). Unlike some antidepressant drugs that have been reported to enhance neurogenesis after two to three weeks of treatment, P7C3 affects neurogenesis within days of administration. Additional studies have revealed that P7C3 maintains activity when a 1 μM solution was infused ICV (12 μL/day for 7 days); it displays maximal neurogenesis activity with an oral dose of 5 mg/kg and measurable activity at 1 mg/kg. The molecular target of P7C3 is not known. However, time-course experiments revealed that P7C3 does not stimulate proliferation of neural precursor cells. Rather, P7C3 increases the number of newborn neurons that survive the month-long maturation process. The mature neurons express neuron-specific proteins and appear fully functional. Accordingly, P7C3 enhances neurogenesis, that is, is proneurogenic, by virtue of its neuroprotective activity. P7C3 was found to repair the structure and function of the dentate gyrus in mice deficient in the npas3 gene, a genotype characterized by an absence of hippocampal neurogenesis. Furthermore, it also enhanced neurogenesis in the dentate gyrus, impeded neuron cell death, and preserved cognitive capacity as a function of terminal aging in rats. In contrast, no effect was observed on neurogenesis in middle-aged rats, which do not display impaired neurogenesis. Finally, P7C3 is not toxic to embryonic, weaning, or adult mice.

Here we describe efforts to understand the structural requirements for activity and to improve P7C3’s potency, stability, and

Figure 1. In vivo screen for pro-neurogenic compounds. Drugs were infused directly into the brain of ive mice over 7 days. Subsequent sectioning and immunohistochemical staining revealed newly formed neurons (black cells on right section).
debilitating neurodegenerative diseases. Such may represent lead compounds for the treatment of small molecules designed to promote neurogenesis, and as toxicity profile. To the best of our knowledge, this is the first class of small molecules designed to promote neurogenesis, and as such may represent lead compounds for the treatment of debilitating neurodegenerative diseases.

**RESULTS**

P7C3 contains a dibromocarbazole connected to an aniline with a 2-hydroxypropyl linker. We set out to determine which positions of P7C3 would tolerate modification, systematically optimize each subsection of P7C3, and identify derivatives that could be used for affinity chromatography. Several commercially available analogues of P7C3 provided early indications of the structure/activity relationship. The bromines on the carbazole appear particularly important, as the derivatives with dichloro (1) and parent (2) carbazole did not appear active at the concentrations tested (Scheme 1, Figure 1). We tested derivatives possessing methyl or methoxy substitution on the aniline ring, and discovered that methyl (3–5) or ortho-methoxy substitutions appeared to decrease activity in our assay. In contrast, a methoxy group was well tolerated in the meta or para position (7, 8). A long-term objective is to identify the molecular target of P7C3, and to this end we planned to synthesize active derivatives that could be used as reagents for affinity chromatography. In that context, the observation that an O-alkyl group did not compromise activity was encouraging. Indeed, many of the synthetic analogues (see below) were prepared from m-anisidine with this consideration in mind. We tested two analogues possessing saturated heterocyclic rings rather than an aniline (9, 10). Previous work from a group at Serono Pharmaceuticals revealed that several carbazoles inhibited Bid-mediated release of cytochrome c, and, as a consequence, were antiapoptotic.23 The most active compound from the Serono study (9) proved moderately active in our assay, while a less active Serono compound (10) was also less active in our experiments.19

Finally, we evaluated the activity of dimebon (11), a γ-tetrahydrocarboline originally used as an antihistamine in Russia. This drug has recently been reported to block apoptosis of cortical neurons exposed to amyloid-beta peptide.24 Anecdotal evidence of its efficacy against AD and age-related cognitive decline25 prompted Medivation and Pfizer to conduct clinical trials in the U.S. to determine dimebon’s efficacy in treating several forms of neurodegenerative disease. While phase II data appeared exceptionally encouraging,26 unpublished results from a phase III study showed that dimebon offered no benefit for patients suffering from AD.27 Provocatively, dimebon is active in our neurogenesis assay, but substantially less so than P7C3.

Synthetically, P7C3 can emerge from a union of a carbazole, an aniline, and an epoxide (Scheme 2). This convergent synthetic approach allows the independent variation of the two rings. Furthermore, additional processing of P7C3 and its derivatives provided access to a range of derivatives. Throughout the manuscript, compounds with numbers highlighted in green showed activity as good as or better than our positive control, FGF-2 (see below). As shown in Scheme 2, a wide range of analogues was prepared by first condensing 2- or 3-ring heterocycles with epibromohydrin.28 The resulting epoxides 13 were then opened with various amines, thiols, or heterocycles. We found that ring-opening with amines generally required Lewis acid activation of the epoxides (BiCl₄²⁹ or LiBr³⁰), whereas alcohols, indoles, and carbazoles required deprotonation of the nucelophile with NaN₃. Stronger nucleophiles such as sodium azide, hydrazine, ammonia, thiophenol, or aminopyridines reacted with the terminal epoxides upon simple heating. In a slight modification of this sequence, dibromocarbazole was allowed to react with arylglycidyl ethers to provide aryl ethers and. Similarly, m-anisidine was first condensed with epoxy-2-methyl-propyl chloride and then exposed to the carbazole to yield the tertiary alcohol.46,31 This synthetic approach provided access to a wide range of structural diversity, although the overall yields ranged from rather abysmal to nearly quantitative. However, none of the syntheses has been optimized. Complete experimental details are provided as Supporting Information.

Several of the analogues prepared according to Scheme 2 were subject to additional transformations. For instance, the thioethers 24 and 44 were oxidized with either NaIO₄ or m-CPBA to provide either a diastereomeric mixture of sulfoxides (25) or the sulfones (26, 45), respectively. Phthalimide 39 was deprotected and acylated to provide derivative 41. Similarly,
Scheme 2. Synthesis of Derivatives of P7C3

Scheme 3. Modification of Analogue 7

P7C3 analogue 7 was subject to further processing (Scheme 3). For example, methylation was O-selective at low conversion, yielding ether 47. Urea formation and acylation were facile, providing 48 and 49 in quantitative yield. Oxidation with SO3·Py produced ketone 50 and, unexpectedly, thioether 51. A potential mechanism for this unusual and, to our knowledge,
unprecedented, oxidation is provided in the Supporting Information. In brief, an \( R \)-ketoimine may be trapped by methanethiol released from DMSO.

Fluorination appeared to improve activity (see below), so a series of fluorinated analogues were prepared, as shown in Table 1. We used either DAST (Et\(_2\)NSF\(_3\)) or its morpholino analogue. Reactions were generally cleaner using the latter reagent. For aniline-containing starting materials, the NH proved problematic. In these cases, protection of the nitrogen with a 4-nitrobenzene sulfonyl (4-Ns) group\(^3\) greatly improved the fluorination. Similarly, the difluorides 61 and 62 were prepared from the corresponding ketones (eq 1).

To explore the SAR on the right-hand fragment, we replaced the N-phenyl ring with heterocyclic rings as shown in eq 2. The primary amine 28 condensed with 2-chloropyrimidine to provide analogue 63. Introduction of pyridine rings required initial conversion to a urea. Subsequent Cu-catalyzed cross coupling with iodo-pyridines\(^3\) and hydrolysis of the cyclic urea yielded aminopyridines 64–66. Five-membered heterocyclic rings were incorporated as shown in Scheme 4. Thus, hydrazine 30 was condensed with a diketone to yield pyrazole 67, while azide 31 underwent Cu-catalyzed cycloaddition to yield the corresponding triazole (68).\(^3\)

Several analogues were prepared with modified linking groups between the carbazole and aniline. As shown in Scheme 5, epoxide openings and alkylations provided derivatives without the aniline NH (69), without the central OH (70), or with additional methylenes in the linker (71, 72). Similarly, the secondary aniline was replaced with a secondary amide (73) through the following sequence: ring-opening of methyl glycidate with dibromocarbazole, hydrolysis of the ester, and coupling to aniline by way of the acid chloride (eq 3).

Ester 73 was originally conceived as a precursor to optically active derivatives of P7C3. Our plan was to perform the ring-opening with enantioenriched methyl glycidate, and, following amidation, reduce scalemic 73 to yield optically active 7. In the event, however, we found that the ester generated in this manner was racemic, with the optical purity presumably being a casualty of the basic reaction conditions. Similarly, ring-opening of optically active epichlorohydrin yielded racemic epoxide 13 (heterocycle = Br\(_2\)-carbazole). In this case, epichlorohydrin was likely racemized by adventitious chloride ion.\(^3\) Ultimately, using the known Mitsunobu reaction of dibromocarbazole with optically active glycidol,\(^3\) we were able to prepare both enantiomers of epoxide 13 in >99% ee, and from them access the single enantiomers of both 7 and the sulfone 26.\(^3\) Likewise, both enantiomers of the aryl ether 42 were prepared from optically active phenyl glycidyl ether. Interestingly, when these alcohols

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**Table 1. Fluorination of Alcohols**

<table>
<thead>
<tr>
<th>Entry</th>
<th>X</th>
<th>Ar</th>
<th>Y</th>
<th>Product</th>
<th>Yield (%)(^a)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>N(4-Ns)(^b)</td>
<td>Ph</td>
<td>NH</td>
<td>52</td>
<td>44</td>
</tr>
<tr>
<td>2</td>
<td>N(4-Ns)</td>
<td>3-(OCH(_3))-Ph</td>
<td>NH</td>
<td>53</td>
<td>88</td>
</tr>
<tr>
<td>3</td>
<td>N(4-Ns)</td>
<td>4-(OCH(_3))-Ph</td>
<td>NH</td>
<td>54</td>
<td>43</td>
</tr>
<tr>
<td>4</td>
<td>N(4-Ns)</td>
<td>4-(OCH(_2)COEt)-Ph</td>
<td>NH</td>
<td>55</td>
<td>61</td>
</tr>
<tr>
<td>5</td>
<td>NO(_3)</td>
<td>3-(OCH(_3))-Ph</td>
<td>NCH(_3)</td>
<td>56</td>
<td>71</td>
</tr>
<tr>
<td>6</td>
<td>O</td>
<td>Ph</td>
<td>O</td>
<td>57</td>
<td>97</td>
</tr>
<tr>
<td>7</td>
<td>S</td>
<td>Ph</td>
<td>S(O(_2))(^c)</td>
<td>58</td>
<td>28</td>
</tr>
</tbody>
</table>

\(^a\) Isolated yield over one or two steps. \(^b\) Ns = nitrobenzene sulfonyl. \(^c\) After oxidation with \( m \)-CPBA.

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**Scheme 4\(^a\)\(^b\)**

(a) 2,4-Pentanedione, EtOH, 70 °C (45%) and (b) 4-pentynol, Cu(SO\(_4\)), NaAscorbate, H\(_2\)O/\( t \)BuOH (54%).

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**Scheme 5. Synthesis of Analogues with Modified Linkers**

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\(^a\) 2-Chloropyrimidine (29%). \(^b\) (Et\(_2\))CO\(_2\)Cl, Et\(_2\)N. \(^c\) Cu, iodopyridine, K\(_2\)CO\(_3\) (75-84%). \(^d\) LiOH (41-79%).
were subjected to the fluorination reaction conditions shown in Table 1, the resulting fluorides were found to have <20% ee. Partial reaction flux through an aziridinium ion likely provides a mechanism for retention of configuration that competes with the usual invertive pathway.

Finally, to provide a reagent for mechanism-of-action studies, the coumarin-tagged\(^{37}\) derivative 76 was prepared from anisidine derivative 7. Thus, cleavage of the methyl ether (→ 74), allylation (→ 75), and conjugation to a coumarin derivative provided the desired reagent in acceptable yield (Scheme 6).

### BIOLOGICAL DATA

All of the analogues were tested in live mice for their proneurogenic effect. Following the procedure described above, 10 μM solutions were administered continuously for 7 days (12 μL/day) by means of subcutaneous osmotic minipumps that delivered compound through a canula implanted into the left lateral ventricle. We estimate that the in vivo concentrations were in the low-micromolar to mid-nanomolar range.\(^{19}\) The results are shown in Figure 3 grouped by the region of P7C3 that each analogue modifies. Thus, derivatives of the carbazole, the propyl linker, the heteroatom or the aromatic ring were tested (Scheme 7). Some compounds represent multiple changes from P7C3.

The bromines on P7C3 are particularly important: the dimethyl (14), dichloro (17), and diiodo (20) versions appear to have little activity, and the monobromo derivative (16) appears substantially less active in our assays. Nonetheless, dibromination is not required as the bromo-methyl-substituted compound (15) is highly active. Likewise, in a promising result for the synthesis of photo-cross-linking agents, the azido-bromo-carbazole (18) retains significant activity. The substantial activity of the bis-nitrile (19) indicates that the bromines can be replaced entirely and provides a lead compound with substantially reduced lipophilicity.

The carbazole ring system does not appear to be strictly required. For example, the β-carboline (38) is as active as P7C3. The tetrahydro-γ-carboline 33, a structural hybrid between dimebon and P7C3, shows intermediated activity, as does the dimethyl indole 27.

In the linker region, several compounds were improved by replacing the hydroxyl with a fluorine. Indeed, the most active compound prepared (53) is the fluorinated anisidine derivative. Similar trends were observed with the N-methyl derivative (35 vs 56) and the sulfoxide-containing analogues (26 vs 58). However, the effect of fluorines appears dependent on context. For example, while the activities of the m- and p-anisidine-containing analogues are improved by fluorination (7 vs 53; 8 vs 54), the parent compound with an aniline ring gains little from fluorination (P7C3 vs 52). Similarly, the derivative featuring a phenol is highly active with a 2-hydroxypropyl linker, but less active with a 2-fluoropropyl linker (42 vs 57).

Two additional changes to the linker region were well tolerated. First, conversion to a tertiary alcohol (46) improved activity. Second, extending to a hydroxy butyl linker maintained high activity, so long as the extra methylene was inserted between the hydroxyl group and the aniline (72). In contrast, inclusion of an additional methylene between the hydroxyl and the carbazole (71) essentially abrogated activity. Intermediate activity was observed for analogues possessing O- or N-methyl groups (35, 47), a ketone (50), an α-thioketone (51), an N-acyl group (49), a cyclic urea (48), an amide (73), or an unsubstituted propyl chain (70).

P7C3 features a nitrogen linking the propyl chain to the right-hand aromatic ring. We synthesized several congeners to explore the effectiveness of alternative heteroatoms. Encouragingly, the aniline could be replaced with an aryl ether (42, 43), an aryl thioether (24), or an aryl sulfone (26) and retain superior activity. Interestingly, while both the thioether and sulfone were highly active, the mixture of diastereomeric sulfoxides was equivalent to vehicle. Because C=S bonds are longer than C=N bonds, we speculated that smaller groups than Br might be tolerated on the carbazole. While not confirming our reasoning, it was heartening to observe substantial neuroprotective activity from a dichlorocarbazole possessing a sulfone linker (45). While several heteroatoms appear acceptable at this position, an analogue with only a hydrocarbon linker (69) did not appear neuroprotective at the concentration tested.

The right-hand aromatic fragment tolerates substantial variation, although some surprising observations were made. Modest activity is retained even with simple NH2- or O-alkyl-terminated compounds (28, 29), that is, compounds lacking a right-hand aromatic ring. As described above, a piperezine group is less effective than an aniline, although significant neuroprotective activity is maintained. Heteroaromatic rings have proved less effective with two notable exceptions. The 2-aminopyridine (64) displays activity nearly as high as P7C3 itself, and the azapyridone (32) maintains robust activity. In contrast, the other pyridines, pyrazines, indoles, carbazoles, pyrazoles, and triazoles were substantially less active in our assays. Substitution around the aniline ring of P7C3 was somewhat enigmatic. For instance, a 3-OEt (7) group had little effect on activity, but a minor extension to an OEt (21) group\(^{25}\) essentially abrogated activity. Likewise, a 3-NH\(_2\) group (22) substantially decreased activity. Nonetheless, substantial activity was observed for a derivative designed to facilitate affinity chromatography and localization studies, the coumarin-linked analogue (76). Meanwhile, the 4-OMe (8), 4-OEt,\(^{39}\) and 4-NH\(_2\) (23) derivatives were all highly active.

Finally, several enantiomeric pairs were tested. Specifically, we tested the anisidine analogue of P7C3 (7), the aryl ether 42, and the sulfoxide 26. In all three cases evaluated, a significant difference in activity was noted between the two enantiomers. The same enantiomer displayed higher activity in all three cases, although the R/S designation varies due to differences in priority among the substituents.
Tertiary alcohol 46, fluoro-aniline 53, and fluoro-sulfone 58 were evaluated at a range of doses. In each instance, 10—0.01 μM solutions were infused over a 7-day period at a constant rate (12 μL/day) concurrent with IV administration of BrdU. The tertiary alcohol (46) roughly paralleled P7C3, showing substantial activity when a 1 μM solution was infused, but showing little effect from a 0.1 μM solution. In contrast, both fluorides maintained activity at 0.1 μM. Indeed, our most potent analogue (53) remained active when 0.01 μM solution was infused, which corresponds to a total of 0.43 mg added over one week's time.

Several of our most potent compounds were analyzed for pharmacokinetic properties and hallmarks of toxicity (Table 2). A competition assay was performed to determine if P7C3 or its derivatives bound to the hERG channel, as interference with hERG function can cause cardiac toxicity. Specifically, we measured what percentage of [3H]astemizole (Kd = 6.8 nM) was displaced with a 10 μM concentration of drug.41 P7C3 and (R)-7 showed significant displacement of the radioligand, and (S)-42 showed modest binding. Encouragingly, the other analogues tested appear to bind hERG only weakly.

The tetrahydrocarboline dimebon (11) had been used in Russia as an antihistamine prior to engendering enthusiasm regarding its potential as a treatment for Alzheimer’s disease. Accordingly, we performed a competition assay using [125I]aminopotentidine, a potent (Kd = 0.45 nM) ligand for the histamine H2 receptor.41 Using this assay, dimebon displaced 99% of the aminopotentidine at 10 μM. P7C3 and (R)-7 also display modest binding to this receptor. However, histamine binding and neuroprotection activity are clearly unrelated because several of our most potent analogues display weak or no binding. No analogue showed significant binding to the histamine H1, H3, or H4 receptor.

To determine metabolic stability, compounds were incubated with either mouse or human hepatocytes at 2 μM. HPLC/MS/MS analysis of the culture media at several time points provided measurements of half-life. Gratifyingly, of the analogues tested, most were extremely stable. Compound 58, a fluorosulfone, had
Table 2. Off-Target, Stability and Toxicity Data for Highly Active Compounds

<table>
<thead>
<tr>
<th>Compound</th>
<th>hERG binding (% displacement @ 10 μM)</th>
<th>Histamine H2 binding (% displacement @ 10 μM)</th>
<th>Toxicity toward HeLa cells (μM)</th>
<th>Half life in cell culture (min)</th>
</tr>
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<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>GI50</td>
<td>Mouse hepatocytes</td>
</tr>
<tr>
<td>P7C3</td>
<td>92</td>
<td>63</td>
<td>5.1</td>
<td>&gt;240</td>
</tr>
<tr>
<td>(R)-7</td>
<td>75</td>
<td>88</td>
<td>23.5</td>
<td>&gt;240</td>
</tr>
<tr>
<td>26</td>
<td>24</td>
<td>5</td>
<td>16.1</td>
<td>&gt;30</td>
</tr>
<tr>
<td>(S)-42</td>
<td>52</td>
<td>52</td>
<td>10.3</td>
<td>&gt;30</td>
</tr>
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<td>46</td>
<td>36</td>
<td>52</td>
<td>10.9</td>
<td>&gt;30</td>
</tr>
<tr>
<td>53</td>
<td>19</td>
<td>21</td>
<td>&gt;30</td>
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<tr>
<td>58</td>
<td>38</td>
<td>-3</td>
<td>9.1</td>
<td>141</td>
</tr>
</tbody>
</table>

Note: a) % displacement of [3H]astemizole (1.5 nM; Kd = 6.8 nM) from hERG with 10 μM drug. b) % displacement of nM [125I]aminopotentidine (0.1 nM; Kd = 0.45 nM) from histamine H2 receptor with 10 μM drug. c) Concentration at which growth in cell number is 50% of control at 48 h. d) Concentration at which cell numbers at 48 h equal 50% of cell number at t = 0.

a half-life of 2—3 h. Compound 26, a β-hydroxy sulfoxide, was quite stable toward mouse hepatocytes, but was processed by human hepatocytes with a t1/2 < 1 h. All other analogues displaying high activity showed only marginal levels of metabolism after 4 h. While we did not determine the metabolites of the two sulfoxides, it is interesting to note that during their syntheses these compounds displayed a tendency to undergo β-elimination to yield vinyl sulfoxones. We conjecture that this reactivity profile in the flask is mirrored by their reactivity in cell culture.

As previously reported, P7C3 is orally available and displays favorable distribution into the brain (AUC brain/AUC plasma ratio of 3.7 for oral delivery). For comparison, brain exposure to S3 was determined after intraperitoneal (IP) and oral gavage (PO) administration. It was found to have good penetration, with a AUC brain/AUC plasma of 0.61 and 0.82 by IP and oral gavage administration, respectively. Treating at 20 mg/kg PO with fluoride S3 resulted in approximately 0.9 μM concentration in the brain (450 ng/g brain tissue) 4 h after dosing.

### DISCUSSION

Neurodegenerative diseases remain an area of unmet medical need. The poignancy of medicine’s deficiency in this arena will only become more evident in the near future. Aging populations in most industrialized countries, and many developing ones, will confront an increasing incidence of neurodegenerative disorders.1 In that context, small molecules capable of fostering the growth of new neurons could facilitate the development of novel molecular therapeutics. P7C3 possesses this ability and has been found to repair damaged neural circuitry in mice and improve cognition in aged rats. Accordingly, we became interested in improving the activity of P7C3 in terms of potency and selectivity as well as identifying reagents to aid studies of its mode of action.

We modified nearly every atom of P7C3 during this study. Our investigation has revealed several important characteristics of P7C3 and has led to the discovery of improved analogues. First, we found that P7C3 displays an encouraging combination of selectivity and flexibility. That is, while effects are evident from modification to all sections of the molecule — the carbazole, the linker region, the aryl ring; none of these subunits is sacrosanct. For instance, highly active analogues were identified in which the carbazole had been replaced with a carbone, the hydroxy-propyl linker had been replaced either a fluoroethyl linker or a hydroxybutyl linker, or the aniline had been replaced with an amino-pyridine, a phenol, a thiophenol or an aryl sulfone. This SAR should allow the identification of safe, effective and bioavailable analogues for further development.

Second, we have shown that the neuroprotective activity of P7C3 and its analogues is unrelated to histamine receptor binding. No mechanism of action has been suggested for dimebon’s putative anti-AD activity, but (a) it is active in our assay and (b) it is a potent antagonist of the histamine receptor. We cannot claim with certainty that dimebon and the P7C3 class of molecules work by the same mechanism, but we can exclude the possibility that binding to the histamine receptor is required for proneurogenic activity.

Third, we have prepared analogues of P7C3 that we anticipate will facilitate mechanism-of-action studies. Specifically, we have prepared two aryl azides (18, 23) that could be used for photoaffinity studies. Likewise, we have prepared an active derivative containing a coumarin moiety for use in pull-down and localization experiments. More broadly, we have revealed which sections of P7C3 accommodate alteration; this knowledge is expected to aid the preparation of other derivatives that will be useful in mode-of-action studies.

Finally, we have identified analogues displaying no observed toxicity, no binding of the hERG channel, good blood/brain distribution, oral availability, and excellent metabolic stability. We are optimistic that this information will enable the discovery of the molecular target of P7C3 and will continue to facilitate the identification of compounds suitable for further development.

P7C3 was discovered using an unusual approach. Modern drug discovery relies on high-throughput screening against defined receptors or enzymes using in vitro or cell-based assays. In connection with neurodegenerative diseases, however, little consensus exists regarding which receptors or enzymes represent ideal targets. Furthermore, these diseases likely involve pathologies of multiple cell types in the complex setting of the central nervous system. Accordingly, devising simple, predictive assays has proven difficult, a challenge which manifests itself in the paucity of available therapeutics. We opted for an alternative strategy wherein we identified and optimized molecules capable of affecting a desired function, neurogenesis, within a living mammal. The risks of this approach were clear, among which were low throughput, an inability to separate binding to a target from pharmacokinetic effects, and ignorance of the molecular target. Nonetheless, the benefits of this experimental...
design appear to outweigh these limitations as we were able to select simultaneously for molecules that possessed activity within live mice and rats, desirable toxicity profiles, and acceptable physical characteristics. It may be that this atavistic approach to drug discovery deserves consideration for other complex diseases.

**EXPERIMENTAL DETAILS**

**Neuroprotection Assay.** Test compounds were evaluated as described previously.\(^1\) Compounds were infused intracerebroventricularly (i.c.v.) into the left lateral ventricle of four adult (12 week old) wild-type C57BL/J6 mice by means of surgically implanted Alzet osmotic minipumps that delivered solution into animals at a constant rate of 0.5 μL/hour for 7 days. Bromodeoxyuridine (BrDU) was injected intraperitoneally at 50 mg/kg/day for six days during pump infusion. Twenty-four hours after the final BrDU administration, mice were sacrificed by transcardial perfusion with 4% paraformaldehyde at pH 7.4, and their brains were processed for immunohistochemical detection of incorporated BrDU in the SGZ. Dissected brains were immersed in 4% paraformaldehyde overnight at 4 °C, then cryoprotected in sucrose before being sectioned into 40 μm thick free-floating sections. Unmasking of BrDU antigen was achieved through incubating tissue sections for two hours in 50% formamide/2X SSC at 65 °C, followed by a 5-min wash in 2X SSC and subsequent incubation for 30 min in 2 M HCl at 37 °C. Sections were processed for immunohistochemical staining with mouse monoclonal anti-BrdU (1:100). The number of BrdU-positive cells in the dentate gyrus SGZ in the contralateral hemisphere (opposite to the side of surgically implanted pump) was quantified by counting BrDU+ cells within the SGZ and dentate gyrus in every fifth section throughout the entire hippocampus and then normalizing for dentate gyrus volume.

**Binding Assays.** Binding to HERG and histamine receptors was performed by MDS Pharma Services, now Ricera. Briefly, a competition binding assay was performed in which the level of specific binding of a radioligand, used at a low concentration (≤Kd), was determined in the presence of 10 μM test compound. Specific radioligands, the concentration utilized, and histamine H2 receptors as follows: HERG: 1.5 nM [3H]astemizole (Kd 6.8 nM); histamine H1: 1.2 nM [3H]pyrilamine (Kd 1.1 nM); histamine H2: 0.1 nM [125I]aminopotentidine (Kd 0.45 nM); histamine H3: 3 nM [3H]R (R)-α-methylhistamine (Kd 2.4 nM); histamine H4: 8.2 nM [3H]histamine (Kd 5.7 nM).

**Cell Viability Assays.** HeLa cells were plated at optimally determined densities for either 96- or 384-well plates, and compounds were added in serial 5-fold dilutions the following day. Forty-eight hours later, cell viability was assessed by addition of CellTiter-Glo Reagent (Promega, Madison, WI). Growth inhibitory 50 (GI50) values were calculated according to the formula 100 x (T - T0)/(C - T0) = 50, where T = optical density of test well after 48 h exposure to compound, T0 = optical density at time zero, and C = control optical density. The GI50 (concentration of drug resulting in a 50% reduction in the measured protein/ATP at the end of the drug treatment as compared to that at the beginning) indicating a net loss of cells following treatment is calculated from (T - T0)/T0 x 100 = -50.

**Hepatocyte Metabolism Assays.** Male ICR/CD-1 mouse hepatocytes, InVitroGRO HI and HT Medium, and Celsis Torpedo Antibiotic Mix were purchased from Celsis/In Vitro Technologies (Baltimore, MD). Cryopreserved hepatocytes were thawed in HT Media containing antibiotics, resuspended in HI media at 2 x 10^6/mL and plated in 96-well plates at 0.05 mL (10^5 cells)/well. Compounds to be tested were dissolved in DMSO at 2 mM, further diluted to 4 μM in HI media, and added to the cells in 50 μL so that the final compound concentration was 2 μM. Two additional wells containing compound and no cells were plated to serve as a control (C0). The cells were then placed in a 37 °C, 5% CO2 incubator. At the time points indicated, the well contents were harvested and a 2-fold volume of methanol added to lyse the cells and precipitate proteins. The samples were incubated 10 min at RT and then spun at 15000g for 5 min in a microcentrifuge. The supernatant was analyzed by LC/MS/MS. Metabolism of 7-ethoxycoumarin was used to monitor hepatocyte performance.

**Pharmacokinetic Analysis of P7C3 and S3.** P7C3 was prepared for dosing by dissolving the compound in DMSO at 50 mg/mL. The compound was diluted to a final formulation of 3% DMSO/10% cremophor EL (Sigma, St. Louis, MO)/87.5% DSW (5% dextrose in water, pH 7.2). Adult mice were dosed IV, IP, or via oral gavage (PO) in a total volume of 0.2 mL. Compound S3 was prepared in a similar fashion in 5% DMSO/10% cremophor EL/85% DSW and dosed either IP or PO. Animals were sacrificed at varying times after dosing by inhalation overdose of CO2. Whole blood was collected with an ACD solution (sodium citrate) coated syringe and needle. The blood was subsequently centrifuged at 9300g for 10 min to isolate plasma. Plasma was stored at −80 °C until analysis. Brains were isolated from mice immediately after sacrifice, rinsed extensively with PBS, blotted dry, weighed, and snap frozen in liquid nitrogen. Lysates were prepared by homogenizing the brain tissue in a 3-fold volume of PBS (weight of brain in g × 3 = volume of PBS in mL added). Total lysate volume was estimated as volume of PBS added + volume of brain in mL. One hundred microliters of either plasma or brain was processed by addition of 200 μL of acetonitrile to precipitate plasma or tissue protein and release bound drug. In some experiments, this mixture was centrifuged at 16100g for 5 min and the supernatant was analyzed directly by HPLC/ MS/MS, while in other experiments the sample was additionally processed by passage over a solid phase extraction column. An additional 700 μL of PBS was added to the plasma or lysate acetonitrile mixture and the sample was centrifuged at 16100g for 5 min. Nine hundred microliters of supernatant was mixed with 1 mL of PBS and passed over a Waters (Milford, MA) OASIS HLB solid phase extraction column primed by addition of 2 mL of acetonitrile followed by 2 mL of water. The column was washed twice with 2 mL of 5% acetonitrile in water and eluted by addition of 2 mL of acetonitrile. 500 μL of the eluant was added to 500 μL of H2O containing 0.2% formic acid (final formic acid 0.1%) and analyzed by HPLC/MS/MS as described above. Standard curves were prepared by addition of P7C3 to blank plasma or blank brain lysate. A value of 3-fold above the signal obtained from blank plasma or brain lysate was designated the limit of detection (LOD). The limit of quantitation (LOQ) was defined as the lowest concentration at which back calculation yielded a concentration within 20% of theoretical. The LOQ for both plasma and brain was 5 ng/mL. In general, back calculation of points on both curves yielded values within 25% of theoretical over 4 orders of magnitude (10000 to 5 ng/mL). Pharmacokinetic parameters were calculated using the noncompartmental analysis tool of WinNonLin (Pharsight). Bioavailability was calculated as AUC0–t / AUC0–t × Dose0/Dose0 × 100 (AUC is area under the concentration time curve). The brain/17blood ratio was calculated using AUC values.

**ASSOCIATED CONTENT**

**Supporting Information.** Complete experimental details and characterization data for new compounds; full citations for abbreviated references. This material is available free of charge via the Internet at http://pubs.acs.org.

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REFERENCES

(22) See Figure S1, Supporting Information.